

WHAT HAPPENS WHEN I APPLY?

YOU contact us via email, phone or our website for an application form



We'll be delighted to receive your application



We'll invite you in to meet us



Together we choose the best opportunity for you



You'll have a small introduction/taster session to see if you like it



Together we'll make an agreement about how we will treat each other and we'll give you a handbook

Volunteering with us, you gain great experiences, support and training

We take care of our volunteers by covering travel expenses and holding a Thank you event for all our volunteers

55 people secured employment with the confidence, skills and experience gained through volunteering with ROAR - Connections for Life Ltd

More than 100 people have volunteered for more than one year because they enjoy making a difference

100% of people who volunteered with ROAR in 2016 felt they had a positive experience

CONTACT US

ROAR- Connections for Life Ltd

West End Community Centre
5A Underwood Lane
Paisley
PA1 2SL

Tel: 0141 889 7481
email: info@roarforlife.org



www.roarforlife.org



facebook.com/1Roar



@ROARCOMMUNITIES

**GAIN AS MUCH
AS YOU GIVE
BY VOLUNTEERING**



Apply Now

**AND MAKE A POSITIVE
DIFFERENCE TO YOUR LIFE AND
THE LIVES OF OTHERS**





WHO WE ARE

ROAR-Connections for Life Ltd is a charity and company.

Our vision is to connect lives and promote health and wellbeing in later life



WHAT ARE WE ALL ABOUT?

Our aims focus on reducing loneliness and isolation because:

Loneliness is a killer! It's as bad for your health as alcoholism, smoking and obesity which can lead to decline and physical frailty

WHAT WE DO

We help people to come together to laugh, learn, feel valued and find new motivation and purpose

WHAT OUR VOLUNTEERS DO

Volunteers are the backbone of ROAR and the opportunities we offer depend on what skills, commitment and interests you have

WHAT CAN YOU DO?



Help at the cinema club

Help out at the exercise classes

Visit people in their homes



Assist with digital classes

Help drive people to clubs

Help with outings



Help with leafleting

FUN THINGS TO DO AND PLACES TO GO

Learn to cut toenails

Be a welcomer and help people to chat

AT ROAR, WE HAVE LOTS OF DIVERSE OPPORTUNITIES

